

C1 Conversation

Fall Semester 2014

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Topic 1 **Food**

1. **Vocabulary** (The *MP3* is available online)

- | | | | |
|---------------|---------------------|----------------|----------------------|
| 1. posted | pos ted | 6. position | po si tion |
| 2. chance | chan ce | 7. different | dif fer ent |
| 3. candidate | can di date | 8. control | con trol |
| 4. properties | prop er ties | 9. blend | blend |
| 5. retain | re tain | 10. especially | es pe cial ly |

2. **Definitions and Samples**

	Word	Form	Definition	Example	Synonym	Parts of Speech
1	posted	<i>v</i>	to publish, announce, or advertise by or as if by use of a placard	Did you see the job advertisement posted online yesterday?	notify tell advertise	post <i>n</i> post <i>v</i>
2	chance	<i>n</i>	an opportunity to do something : an amount of time or a situation in which something can be done	If you give me a chance , I know I can do a good job.	likelihood opportunity shot time	chance <i>adj</i>
3	candidate	<i>n</i>	a person who is being considered for a job, position, award, etc.	Candidates can apply in person or send a resume.	applicant aspirant contender	
4	properties	<i>n</i>	a special quality or characteristic of something	One of the properties of helium is its lightness.	characteristics features hallmarks	prop er ty less <i>adj</i> prop er ty less ness <i>n</i>
5	retain	<i>v</i>	to continue to have or use (something)	The TV show has retained its popularity for many years.	keep have hold possess	re tain er <i>n</i>

	Word	Form	Definition	Example	Synonym	Parts of Speech
6	position	<i>n</i>	an employment for which one has been hired	I have a teaching position at Keimyung University.	job post	po sit ion <i>v</i>
7	different	<i>adj</i>	not the same	The two brothers could not have been more different .	contrasting disparate distinctive	dif fer ent ness <i>n</i> dif fer ent ly <i>adv</i>
8	control	<i>v</i>	to direct the actions or function of (something) : to cause (something) to act or function in a certain way	A thermostat controls the room's temperature.	administer command manage	con trol <i>n</i> con trol la bil i ty <i>n</i> con trol la ble <i>adj</i> con trol ment <i>n</i>
9	blend	<i>n</i>	something produced by mixing or combining different things	This tea is a blend of ginger and honey.	mixture amalgam brew combination	blend <i>v</i> blend er <i>n</i>
10	especially	<i>adv</i>	more than usually	Winning this tournament was especially satisfying.	particularly notably	

3. Vocabulary Practice

Please match the vocabulary on the left to the similar words on the right.

- | | |
|-----------------------|-----------------|
| 1. posted | a. job |
| 2. chance | b. applicant |
| 3. candidate | c. mix |
| 4. properties | d. keep |
| 5. retain | e. opportunity |
| 6. position | f. various |
| 7. different | g. regulate |
| 8. control | h. advertised |
| 9. blend | i. particularly |
| 10. especially | j. features |

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

4. **Listening & Reading** (The *MP3* is available online)

Listen to and read an article about **Food**.

The job of a lifetime is currently on offer for those with a sweet tooth. Cambridge University in the U.K. has just **posted** a position on its careers website advertising for a researcher of chocolate. Chocolate lovers with a scientific mind will have the **chance** to apply for a job as a researcher and study for a PhD. The successful **candidate** will investigate the **properties** that make chocolate melt. Their objective will be to stop chocolate melting in warmer climates. The careers post states: "The project will investigate the factors which allow chocolate, which has a melting point close to that of the human body, to remain solid and **retain** qualities sought by consumers when it is stored and sold in warm climates."

The **position** involves three-and-a-half years of experimenting with how chocolate melts in the mouth and in **different** temperatures. The university says applicants require good mathematical skills. There is a lot of science behind the consistency and melting point of chocolate. A variety of oils and fatty acids are used to **control** how hard or soft chocolate is when we bite into it, and when it melts. Chocolatiers spend a lot of money on research and development to get the **blend** right so that the chocolate melts in the mouth. The Massachusetts Institute of Technology says: "Melting is **especially** important because it controls how well the chocolate disperses and releases flavour onto your tongue."

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

5. Conversation Strategies

Asking someone for their opinion about a topic—**Opinion Questions**

<p style="text-align: center;">Yes/No Questions</p> <ul style="list-style-type: none"> • <i>Do you believe in ...?</i> • <i>Do you think we should ...?</i> • <i>Do you think everybody should ...?</i> • <i>Do you think that...?</i> • <i>Would you consider ...?</i> • <i>Would you ever consider ...?</i> 	<p style="text-align: center;">OR Questions</p> <ul style="list-style-type: none"> • <i>Are you for or against ...?</i> • <i>Would you prefer...?</i> • <i>Would you rather ...?</i> • <i>What is better: - ... or ...?</i>
<p style="text-align: center;">WH Questions</p> <ul style="list-style-type: none"> • <i>What do you think of ...?</i> • <i>What do you think is the problem between ... and ...?</i> • <i>What do you think is the problem with ...?</i> • <i>What do you think are the causes of ...?</i> • <i>What are the advantages and disadvantages?</i> 	<p style="text-align: center;">Negative Yes/No Questions</p> <ul style="list-style-type: none"> • <i>Don't they...?</i> • <i>Don't you think it's better to ...?</i> • <i>Don't you understand that ...?</i> • <i>Don't you see that ...?</i> • <i>Can't you see that ...?</i> • <i>Wouldn't it be better to ...?</i> • <i>Wouldn't it be wiser to ...?</i> • <i>Wouldn't you agree that ...?</i> • <i>Why shouldn't they?</i>

6. Conversation Strategy Practice

Please look at the Topics below. Please have a short conversation using the Topic and Opinion Questions. Pick the right Opinion Questions from above and ask your partner some questions. Your partner should give a brief response.

Example:

Topic = Pizza

Student A - *Opinion Question 1 = What do you think of **pizza**?* /

Student B - *Response 1 = I like it. It's tasty, fattening, but sure, what food isn't?*

Student A - *Opinion Question 1 = Don't you think it's better to **eat healthier food**?*

Student B - *Response 2 = Nope, I'm not a rabbit.*

Student A

Please ask Opinion Questions with the Topics below & have a short conversation with Student B.

Indian Food

Foie Grais

Student B

Please ask Opinion Questions with the Topics below & have a short conversation with Student A

Fast Food

Italian Food

7. Idioms

These *idioms* are very common and they are connected to **Food**.

Idiom	Meaning	Example
as cool as a cucumber	to be calm, to be not nervous or anxious	The man is <u>as cool as a cucumber</u> and never worries about anything.
bad apple	a bad person	The boy is a <u>bad apple</u> and he is always in some kind of trouble.
cheesed off	to be annoyed	I was <u>cheesed off</u> that I would not be able to go away for the weekend.
grab a bite to eat	to eat something (usually quickly)	I will <u>grab a bite to eat</u> after class today.
in a nutshell	briefly, in a few words	We went to the meeting and they told us <u>in a nutshell</u> about the plans for our company.

8. Phrasal Verbs

These **Phrasal Verbs** are very common in relation to **Food**.

Phrasal Verb	Meaning	Collocation	Example
Whip*up*	to quickly prepare something to eat	Food Snack Dinner/lunch/breakfast	They got up at 3:30, Seanan <u>whipped up</u> breakfast, and they left for the airport by 4:00.
Pig out (on*)	to eat a lot	Food	Some people dream of staying up late and <u>pigging out</u> on junk food.
Top *off*	to make something complete and satisfying	Meal	An incredible cherry pie <u>topped off</u> the meal.
Pick at*	to eat just a tiny bit of a meal or some kind of food.	Food	You are just <u>picking at</u> your food!
Gnaw at*	to chew at someone or something.	Carrot	I hear a mouse <u>gnawing</u> away <u>at</u> the wall. The mosquitoes are <u>gnawing at</u> me something awful.

9. Phrasal Verb Practice

Please put the correct **Phrasal Verb** below into the story. There is only one possible answer per gap. Please change the form of the **Phrasal Verb** when necessary.

gnaw at pig out pick at whips up top off

Susan loves cooking and she always _____ a wonderful dinner. This explains why Tom is not so thin. He _____ every evening on a full course dinner - a roast with vegetables and a pasta side and to _____ it _____, a big dessert which Susan picks upon the way home from school where she is a teacher. Susan is quite petite, so it is not surprising that she only _____ all the food she prepares and just _____ a carrot or some other vegetable while she listens to Tom speak about his day.

Topic 2 **Travel**

1. **Vocabulary** (The *MP3* is available online)

1. advised	ad v<u>i</u>sed	6. insisted	in s<u>i</u>st ed
2. released	re l<u>e</u>ased	7. targeted	tar g<u>e</u>t ed
3. district	d<u>i</u>s tric<u>t</u>	8. attention	at t<u>e</u>n tion
4. theft	th<u>e</u>ft	9. preventive	pre v<u>e</u>n tive
5. wielding	w<u>i</u>eld ing	10. measures	mea s<u>u</u>res

2. **Definitions and Samples**

	Word	Form	Definition	Example	Synonym	Parts of Speech
1	advised	<i>v</i>	to recommend or suggest (something)	I strongly advise you to come to class.	caution recommend suggest	ad v <u>i</u> sed <i>adj</i> ad vis er <u>also</u> ad vi sor <i>n</i>
2	released	<i>v</i>	to make available to the public	The director has released a new movie.	announce issue published	re lease <i>n</i> re leas able <i>adj</i>
3	district	<i>n</i>	an area established by a government for official government	Six police officers are in charge of the district .	community neighborhood precinct locality	dis tric <u>t</u> <i>v</i>
4	theft	<i>n</i>	the act or crime of stealing	The theft of the jewelry and other valuables was immediately reported to the police.	stealing robbery larceny	
5	wielding	<i>v</i>	holding (something, such as a tool or weapon) in your hands so that you are ready to use it	The man was wielding a gun.	brandishing possessing holding carrying	wield er <i>n</i>

	Word	Form	Definition	Example	Synonym	Parts of Speech
6	insisted	<i>v</i>	to say (something) in a way that is very forceful and does not allow disagreement	She insisted the money was hers.	claim assert maintain vow	
7	targeted	<i>v</i>	to aim an attack at someone or something	Tourists are often easily targeted by thieves.	marked picked selected	tar get <i>n</i>
8	attention	<i>n</i>	notice, interest, or awareness	The actor avoids drawing attention to himself by wearing a disguise on the street.	spotlight recognition notice	at ten tion al <i>adj</i>
9	preventive	<i>adj</i>	used to stop something bad from happening	Farmers are covering their crops as a preventive measure against frost.	precautionary deterrent defensive protective	pre ven tive <i>n</i> pre ven tive ly <i>adv</i> pre ven tive ness <i>n</i>
10	measures	<i>n</i>	a step planned or taken as a means to an end	We need to take measures to protect ourselves.	steps actions acts changes	mea sure <i>n</i> mea sure <i>v</i> mea sur abil i ty <i>n</i> mea sur able <i>adj</i> mea sur ably <i>adv</i> mea sur er <i>n</i>

3. Vocabulary Practice

Please match the vocabulary on the left to the similar words on the right.

- | | |
|------------------------|------------------|
| 1. advised | a. argued |
| 2. released | b. robbery |
| 3. district | c. brandishing |
| 4. theft | d. notice |
| 5. wielding | e. issued |
| 6. insisted | f. precautionary |
| 7. targeted | g. encouraged |
| 8. attention | h. actions |
| 9. preventative | i. picked out |
| 10. measures | j. neighbourhood |

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

4. Listening & Reading (The *MP3* is available online)

Listen to and read an article about **Travel**.

The United Arab Emirates (UAE) has **advised** its citizens to avoid certain "dangerous areas" in central London. The UAE's Ministry of Foreign Affairs has **released** a map highlighting areas they deem to be crime hotspots. Most of the areas are around London's prestigious shopping area in the West End, the upmarket street Piccadilly, and the entertainment **district** Soho. A statement on the ministry's website urged citizens to avoid areas, "where pickpocketing, fraud and **theft** are frequent and where it is not

advisable to live". The warning follows several attacks on Emiratis in London earlier this year. One incident saw three sisters attacked in their hotel room by a hammer-wielding burglar.

London's Metropolitan Police insisted that no part of London was considered a "no-go" area. A spokesman said: "There is absolutely nowhere in London which should be avoided." Police believe Emiratis are targeted by criminal gangs because they wear expensive clothes and have bags and accessories worth thousands of dollars. London's police said the city's crime rate was a lot lower than many world cities and that the UAE should educate its citizens on how to not attract the attention of criminals. A statement said: "The UAE should put together its own preventive measures to educate UAE nationals visiting, studying or doing business not only in London, but the rest of Europe and all over the world."

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

5. Conversation Strategies

Delaying your Response, maybe to avoid giving an answer.

Delaying Strategies	Asking someone information
<ul style="list-style-type: none">• <i>I can't answer that directly.</i>• <i>I'll need time to think about that.</i>• <i>That's a very interesting question, because...</i>• <i>That's a difficult question to answer, because...</i>• <i>That's a tough question to answer, because...</i>• <i>To be honest, that's a difficult question, because ...</i>• <i>That's a very good question. The reality is that ...</i>• <i>What do you mean by that?</i>• <i>What do you mean by ...?</i>• <i>Well, it depends on what you mean...</i>• <i>Well, if you ask me, it all depends on your circumstances...</i>	<ul style="list-style-type: none">• <i>I'd like to know</i>• <i>I'm interested in</i>• <i>Could you tell me..?</i>• <i>Could I ask about ...?</i>• <i>Do you know if...?</i>• <i>Do you know what....is?</i>• <i>Do you happen to know whether or not...?</i>• <i>Do you happen to know what.... Is?</i>

6. Conversation Strategy Practice

Using the Opinion Questions from the 1st Chapter, along with general Wh Questions – Who, Where, Why, What, When, Whom, How – Can you ask your Partner questions about the following Topics? Your partner must use Delaying Strategies and follow these up with asking more Information.

Example:

Topic = **Package Holidays**

Student A: Opinion Question = *What do you think about **package holidays**?*

Student B: Delaying Strategy = *That's a very interesting question, because **I was just on holiday**. Could you tell me what you think?*

Student A: Response = *Eh, hmm, I don't like them. I prefer backpacking.*

Topics:

Please ask Opinion Questions with the Topics below & have a short conversation with Student B.

Student A:

Eurail

Hitchhiking

Student B:

Please ask Opinion Questions with the Topics below & have a short conversation with Student B.

KTX

Space Travel

7. Idioms

These *idioms* are very common and they are connected to **Travel**.

Idiom	Meaning	Example
sail through	If you sail through something , for example an exam, you succeed in doing it without difficulty.	The English test was no problem for Pedro. He sailed through it.
fifth wheel	This refers to a person who find themselves in a situation where their presence is unnecessary and as a result they feel useless.	Everyone seemed to have a specific role except me. I felt like a fifth wheel .
middle of the road	This term refers to anything moderate, unadventurous or inoffensive that avoids extremes and appeals to the majority of people.	He's a successful middle-of-the-road entertainer. My mother wouldn't miss a show!
take for a ride	To cheat or deceive someone.	He charged me too much. He really took me for a ride !
train of thought	A sequence of connected ideas is called a train of thought.	I lost my train of thought . Hold on a minute. Where was I? Ah yes, now I remember. He said that he would not be able to go because...

8. Phrasal Verbs

These **Phrasal Verbs** are very common in relation to **Travel**.

Phrasal Verb	Meaning	Collocation	Example
Break down	to stop working	car	Sometimes the heating system simply breaks down . Talks between the two countries broke down .
Turn back	to stop one's journey and return.		We turned back from the amusement park so we could go home and get the tickets we had forgotten. We turned back at the last minute.
Hold *up*	to delay someone or something		Traffic was held up for several hours by the accident. Sorry to hold you up , but my train was late.
Speed *up*	to go faster.		Please speed up . We are late.
Drop *off*	to give someone or a group a ride to some place		Can I drop you off somewhere in town? I dropped off the kids at the party.

9. Phrasal Verb Practice

Phrasal verbs can be divided into three categories.

1. **Intransitive.** Verbs with no object: *They **checked in**.*
2. **Separable.** Verbs than can be separated by their object: *He **picked them up** at the hostel* or *He **picked up** John and David at the hostel.*
3. **Inseparable.** Verbs that can't be separated

1. Put the 5 **Phrasal Verbs** into the chart below. Use phrases or short sentences similar to the examples.

Break down

Turn back

Hold up

Speed up

Drop off

<u>Intransitive</u> <i>They <u>checked in</u>.</i>	<u>Separable</u> <i>He <u>picked them up</u>.</i>	<u>Inseparable</u> <i>They couldn't <u>get off</u> the plane.</i>

Topic 3 **Health**

1. Vocabulary (The *MP3* is available online)

1. probably	prob a bly	6. global	glo bal
2. taken part	taken part	7. awareness	a ware ness
3. involves	in volves	8. willingness	wi ll ing ness
4. participants	par tic i pants	9. donate	do nate
5. follow suit	fol low suit	10. symptoms	symp toms

2. Definitions and Samples

	Word	Form	Definition	Example	Synonym	Parts of Speech
1	probably	<i>adv</i>	very likely : almost certainly	It will probably rain in Daegu today.	possibly presumably doubtless	prob a ble <i>adj</i> prob a bil i ty <i>n</i>
2	taken part	<i>pv</i>	To join or participate in something	I will have taken part in a total of 5 marathons this weekend.	join participate undertake	
3	involves	<i>v</i>	to cause (someone) to be included or take part in some activity, situation...	I got involved with the charity after watching a video online.	engage associate connect	in volve ment <i>n</i> in volv er <i>n</i>
4	participants	<i>n</i>	a person who is involved in an activity or event : a person who participates in an activity or event	I was a willing participant in the event, helping tourists find their way around the city.	member player people	par tic i pant <i>adj</i> par tic i pate <i>v</i>
5	follow suit	<i>id</i>	to do the same as someone else has just done	If other companies lower their prices, we shall have to follow suit .	Follow in the footsteps of Copy Jump on the bandwagon	

	Word	Form	Definition	Example	Synonym	Parts of Speech
6	global	<i>adj</i>	involving the entire world	English is becoming a global language.	comprehensive international overall universal	glob al ly <i>adv</i> globe <i>n</i>
7	awareness	<i>n</i>	knowing that something (such as a situation, condition, or problem) exists	He is using humour to raise awareness of an issue often fraught with emotion and sadness.	knowledge alertness appreciation consciousness	a ware <i>adj</i>
8	willingness	<i>n</i>	quick to act or respond : doing something or ready to do something without being persuaded	Of course, doing something about poverty would require a willingness by all political parties to make changes to the way projects are funded.	readiness eagerness zeal	will ing <i>adj</i> will ing ly <i>adv</i>
9	donate	<i>v</i>	to give (money, food, clothes, etc.) in order to help a person or organization	We donated our old clothes to charity.	bequeath give give away	do na tion <i>n</i>
10	symptoms	<i>n</i>	a change in the body or mind which indicates that a disease is present	Those with the condition suffered withdrawal symptoms of anger and tension when a computer was inaccessible.	manifestation syndrome indication warning	symp tom less <i>adj</i>

3. Vocabulary Practice

Please match the vocabulary on the left to the similar words on the right.

- | | |
|------------------------|---------------------|
| 1. probably | a. readiness |
| 2. taken part | b. contributors |
| 3. involves | c. do the same |
| 4. participants | d. give |
| 5. follow suit | e. almost certainly |
| 6. global | f. consciousness |
| 7. awareness | g. participated |
| 8. willingness | h. signs |
| 9. donate | i. worldwide |
| 10. symptoms | j. entails |

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

4. Listening & Reading (The *MP3* is available online)

Listen to and read an article about **Health**.

You have **probably** seen videos on social media of your family and friends pouring a bucket of ice-cold water on their heads for charity. They have **taken part** in the Ice Bucket Challenge, the latest viral campaign to emerge on Facebook, YouTube, Twitter and other networking sites. The challenge **involves** dumping icy water on top of your head or donating \$100 to various ALS charities. Amyotrophic lateral sclerosis (ALS) - also known as motor neurone disease (MND) – destroys muscle, making it difficult to

speaking, swallowing and breathing. Ice Bucket Challenge [participants](#) post a video online and invite friends to [follow suit](#). More than 1.1 million donors in the USA have donated over \$53 million since July the 29th.

The viral campaign is giving ALS and MND charities valuable [global](#) exposure to raise [awareness](#) of the disease and raise funds. It exploits people's [willingness](#) and desire to post selfies or videos of themselves online, while feeling good about helping a charity. Communication and Media Studies professor Mark Glantz said: "You get the message directly from friends and acquaintances. It kind of appeals to the same side of people that wants to post a selfie." The challenge has even reached the President of the USA. Barack Obama decided against the dousing but said he would [donate](#) instead. Most people with ALS die from respiratory failure within three to five years from the onset of [symptoms](#).

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

5. Conversation Strategies

Presenting arguments, giving your own opinion and developing this opinion.

<p>Presenting the most important point</p> <ul style="list-style-type: none">• <i>The main thing is...</i>• <i>The most important thing is...</i>• <i>Primarily</i>• <i>Most importantly,</i>	<p>Presenting a number of arguments</p> <ul style="list-style-type: none">• <i>First of all, ...</i>• <i>Firstly, ...</i>• <i>Well, firstly ...</i>• <i>To begin with, ...</i>• <i>I'd start by ...</i>• <i>For a start, ...</i>• <i>There're two points here. Firstly, ...</i>• <i>Secondly, ...</i>• <i>There are two problems here....</i>• <i>Moreover...</i>• <i>You also have to consider</i>
<p>Adding an argument</p> <ul style="list-style-type: none">• <i>Also,</i>• <i>Again, that depends on ...</i>• <i>In addition, ... What's more, ...</i>• <i>I might add that...</i>• <i>Perhaps I should also mention...</i>• <i>Not to mention the fact that ...</i>• <i>Plus the fact that...</i>• <i>Not only that, but...</i>	

6. Conversation Strategy Practice

Please use the Topics and Presenting Arguments language below to have a short conversation.

Look at the **Example** for some help.

Example:

Topic = **Ebola**

Student A: Opinion Question = *What do you think about the Ebola in Africa?*

Student B: Delaying Strategy = *Hmm, that's a difficult question to answer.*

Student A: Response: *I know, but I'd like to hear your opinion.*

Student B: Presenting Arguments = *Okay, well first of all, I think it's scary. The most important thing is for the WHO to get this situation under control quickly. In addition, governments should put more money into research to combat these deadly diseases.*

Topics:

Please ask Opinion Questions with the Topics below & have a short conversation with Student B.

Student A:

Obesity

Soju

Student B:

Please ask Opinion Questions with the Topics below & have a short conversation with Student A.

Fast food

Cosmetic Surgery

7. Idioms

These *idioms* are very common and they are connected to **Health**.

Idiom	Meaning	Example
as fit as a fiddle	to be healthy and physically fit	My grandfather is ninety years old but he is as fit as a fiddle .
bundle of nerves	a very nervous or anxious person	I'm a bundle of nerves today. I have an interview tomorrow.
green around the gills	to look sick	My classmate was looking a little green around the gills when he came to school today.
splitting headache	a severe headache	I have been suffering from a splitting headache all morning.
under the weather	not feeling well	My partner has been under the weather all week and has not come to class during that time.

8. Phrasal Verbs

These **Phrasal Verbs** are very common in relation to **Health**.

Phrase	Meaning	Collocation	Example
Build *up*	Increase or improve something	strength / muscles	I need to build up my strength if I want to take up rock climbing.
Get over*	To overcome a problem or difficulty		I met Tom the other day, he looked great. He said he had got over his cold and was feeling fine.
Bounce back (from)*	To get better after something bad happened to you		I went to the hospital to see my granddad, he looked much better than last week. The nurses say he is bouncing back .
Carry *out*	To complete an activity	tests	The doctor had to carry out the tests in order to save the young girl's life.
Pull through*	To overcome a difficult situation successfully	operation	A: Is he going to be okay? B: Yes, he will pull through the operation, don't worry.

9. Phrasal Verb Practice

Please put the correct *Phrasal Verb* into the sentence below. Please change the form of the Phrasal Verb if needed.

carry out pull through bounce back build up get over

- When tests were _____, it was found that olive oil can greatly reduce levels of the cholesterol that can clog the bloodstream and cause heart problems.
- Remember that children are very resilient, and can _____ to health rapidly!
- I still feel very weak after my illness. I need some vitamins to help me _____ my strength _____.
- She's slowly _____ her illness.
- I'm happy to hear your sister was able to _____ her illness.

Topic 4 Countries

1. Vocabulary (The *MP3* is available online)

1. state	state	6. pause	pause
2. hostilities	hos t<i>l</i> i ties	7. call	call
3. basic	ba sic	8. factions	fac tions
4. permanent	per ma nent	9. destroy	de stroy
5. resolving	re solv ing	10. moment	mo ment

2. Definitions and Samples

	Word	Form	Definition	Example	Synonym	Parts of Speech
1	state	<i>n</i>	a politically organized body of people usually occupying a definite territory; especially : one that is sovereign	The inception of the Islamic State is causing concern among some western nations.	land nation territory	state <i>v</i>
2	hostilities	<i>n</i>	unfriendly or hostile states, attitudes, or actions	Peace talks were stalled after recent hostilities .	aggression animosity antipathy hatred	hos tile <i>adj</i>
3	basic	<i>adj</i>	forming or relating to the most important part of something	That's just the basic salary without overtime or tips.	essential key necessary vital	ba sic <i>n</i> ba sic i ty <i>adj</i>
4	permanent	<i>adj</i>	lasting or continuing for a very long time or forever : not temporary or changing	She made a permanent home in this country.	durable enduring long-lasting perpetual stable	per ma nent ly <i>adv</i> per ma nent ness <i>n</i>

5	resolving	<i>v</i>	finding an answer or solution to (something) : to settle or solve (something)	The brothers are finally resolving their conflict.	settling solving ironing out working out	re solv able <i>adj</i> re solv er <i>n</i> re solve <i>n</i>
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	Word	Form	Definition	Example	Synonym	Parts of Speech
6	pause	<i>n</i>	a temporary stop : a period of time in which something is stopped before it is started again	There was a brief pause in the conversation.	breathing space letup wait hiatus stoppage	pause <i>v</i>
7	call	<i>n</i>	An appeal or demand for something to happen or be done:	The campaigners renewed their calls for reform.	demand appeal plea request	call <i>v</i>
8	factions	<i>n</i>	a group within a larger group that has different ideas and opinions than the rest of the group	The committee soon split into factions .	bloc junta minority party wing sect	fac tion al <i>adj</i> fac tion al ism <i>n</i> fac tion al ly <i>adv</i>
9	destroy	<i>v</i>	to cause (something) to end or no longer exist : to cause the destruction of (something)	The bomb blast destroyed the village.	demolish devastate crush eradicate ravage ruin wipe out	de struc tion <i>n</i> de stroy er <i>n</i>
10	moment	<i>n</i>	a particular time : a precise point in time	She knew exactly the right moment to ask for a raise.	occasion point time stage	

3. Vocabulary Practice

Please match the vocabulary on the left to the similar words on the right.

- | | |
|-----------------------|-----------------|
| 1. state | a. groups |
| 2. hostilities | b. key |
| 3. basic | c. settling |
| 4. permanent | d. demolish |
| 5. resolving | e. lasting |
| 6. pause | f. little while |
| 7. call | g. nation |
| 8. factions | h. request |
| 9. destroy | i. fighting |
| 10. moment | j. cessation |

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

4. **Listening & Reading** (The **MP3** is available online)

Listen to and read an article about **Countries**.

The **state** of Israel and the Palestinian group Hamas have remained in a tentative ceasefire. The halt in **hostilities** was engineered by America's Secretary of State John Kerry and the U.N. Secretary-General Ban-ki Moon. The humanitarian truce will give Palestinians time to restock on **basic** supplies such as food and medicines. They also need to repair power stations which have been put out of action during the fighting of the past three weeks. Israelis and Palestinians are also to meet in Cairo, Egypt to talk about the

possibility of a permanent truce between the two sides. They will talk about resolving the underlying differences that have caused unrest for decades.

Hamas said it would abide by the pause in fighting. Its spokesman Sami Abu Zuhri said:

"Acknowledging a call by the United Nations and in consideration of the situation of our people, resistance factions agreed to a 72-hour humanitarian and mutual calm...as long as the other side abides by it." He added: "All the Palestinian factions are united behind the issue." The day before the ceasefire was announced, Israeli Prime Minister Benjamin Netanyahu said his country would continue to destroy the tunnels that have been dug under the Gaza-Israel border. John Kerry called the ceasefire "precious time." He said: "It is a moment for the different factions to be able to come together with the state of Israel."

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

5. Conversation Strategies

Giving your opinion about a topic

<p style="text-align: center;">Expressing a strong opinion</p> <ul style="list-style-type: none">• <i>In my opinion, ...</i>• <i>In my view, ...</i>• <i>In my reckoning, ...</i>• <i>I strongly believe in ...</i>• <i>I definitely think that ...</i>• <i>Well, if you ask me, ...</i>• <i>Well, I think ...</i>• <i>I believe</i>• <i>I strongly believe</i>• <i>I have a reason to believe</i>• <i>I'm sure that...</i>• <i>I'm pretty sure that...</i>	<p style="text-align: center;">Expressing a strong value (It's/ They're + valueadjective)</p> <ul style="list-style-type: none">• <i>It's a nonsense to ...</i>• <i>... It's a scandal, because ...</i>• <i>It's perfect for ...</i>• <i>It's wrong... Likewise, ...</i>• <i>They're ideal ...</i>		
<p>Expressing certainty</p> <table border="0"><tbody><tr><td data-bbox="272 1413 906 1892"><ul style="list-style-type: none">• <i>According to government statistics, ...</i>• <i>Actually, ...</i>• <i>In fact, ...</i>• <i>Clearly,</i>• <i>Obviously, ...</i></td><td data-bbox="906 1413 1446 1892"><ul style="list-style-type: none">• <i>People have always ...</i>• <i>People just won't continue to ...</i>• <i>Without doubt, ...</i>• <i>There's no doubt that</i>• <i>Undoubtedly</i>• <i>Surely</i></td></tr></tbody></table>		<ul style="list-style-type: none">• <i>According to government statistics, ...</i>• <i>Actually, ...</i>• <i>In fact, ...</i>• <i>Clearly,</i>• <i>Obviously, ...</i>	<ul style="list-style-type: none">• <i>People have always ...</i>• <i>People just won't continue to ...</i>• <i>Without doubt, ...</i>• <i>There's no doubt that</i>• <i>Undoubtedly</i>• <i>Surely</i>
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6. Conversation Strategy Practice

With your partner, can you give your Opinions to the following controversial statements, using the Conversation Strategies above (Expressing Opinion, Values and Certainty)

Student A

Please read these statements to your partner and ask him/her for an Opinion.

Nationalism is evil.

Murderers should be executed.

Student B

Please read these statements to your partner and ask him/her for an Opinion.

War is necessary.

You will be happier if you stay unmarried.

7. Idioms

These *idioms* are very common and they are connected to **Countries**.

Idiom	Meaning	Example
it's a free country!	something that you say which means that you have the right to do something even if someone else has criticized you for it	I'll shout if I want to - <u>it's a free country!</u>
a country mile	a great distance.	The batter knocked that ball <u>a country mile</u> . I had to walk <u>a country mile</u> to the next gas station.
in the country of the blind, the one-eyed man is king.	Prov. A person who is not particularly capable can attain a powerful position if the people around him or her are even less capable.	<i>June:</i> How on earth did Joe get promoted to be head of his department? He's such a blunderer! <i>Seanan:</i> <u>In the country of the blind, the one-eyed man is king.</u>
the old country	the country or place where you or your parents were born but do not now live, especially Europe	They spent the summer touring <u>the old country</u> .
go to the country	if a government or the leader of a government goes to the country, they have an election	The Prime Minister has decided to <u>go to the country</u> next spring.

8. Phrasal Verbs

These **Phrasal Verbs** are very common in relation to **Countries**.

Phrasal Verb	Meaning	Collocation	Example
Open *up*	to make something available to someone; to permit someone to join something or participate in something.	market country	Vietnam has enjoyed some of the fastest economic growth rates in Asia over the past decade, following the decision to open up the country to foreign investment.
Break *up*	To cease to function or cause to stop functioning as an organized unit or group	talks discussions meeting	Talks between Venezuelan Government officials and opposition groups about ending the country's political turmoil have broken up without agreement.
Grow up	to come into existence; develop	city country	He grew up in a small village in the country.
Force *out*	force to leave (an office)	office government country home	Ousted Venezuelan President Hugo Chavez was reinstated, only two days after being forced out by the country's military.
Call on*	To order or request to undertake a particular activity	people voters members citizens	Greek Prime Minister George Papandreou has called on members of parliament to forge a "national accord" to deal with the country's debt crisis.

9. Phrasal Verb Practice

Please ask and answer the following questions with your partner. Please give long answers with reason, using the target language (Phrasal Verb)

Grow up Open up Call on Break up Force out

Student A:

1. Where did you **grow up**?
2. Do you think Korea should **open up** more to cultural exchange, not just exporting ‘hallyu’, as stated by Korea’s new Culture Minister Kim Jong-deok?
3. If North Korea **calls on** South Korea for financial aid, do you think it should be given?

Student B:

1. Can you tell me about any country or region that has **broken up**? (other than the Korean peninsula)
2. Can people power really **force out** a government? If so, could you give me an example of this happening.

Topic 5 Culture

1. Vocabulary (The MP3 is available online)

1. heated	heat ed	6. depicts	de picts
2. appeared	ap peared	7. sought after	sought af ter
3. prised	prised	8. combines	com bines
4. put back	put back	9. heavy on	hea vy on
5. raise	raise	10. commentary	com men tary

2. Definitions and Samples

	Word	Form	Definition	Example	Synonym	Parts of Speech
1	heated	<i>adj</i>	marked by excited or angry feelings	Their conversation quickly became heated .	acrimonious angry bitter passionate	heat ed ly <i>adv</i>
2	appeared	<i>v</i>	to come into public view	The book appeared in print a few years ago.	come out crop up materialize pop up surface	ap pear ance n
3	prised	<i>v</i>	to press, force, or move with a lever :	He prised the door open with a crowbar.	prize (US) pry leverage	
4	put *back*	<i>pv</i>	to return to its former place	Can you put the book back when you are finished?	return restore replace	
5	raise	<i>v</i>	collect, levy, or bring together (money or resources).	The Ice Bucket Challenge raised millions for charity.	collect obtain get	raise <i>n</i>

	Word	Form	Definition	Example	Synonym	Parts of Speech
6	depicts	<i>v</i>	to show (someone or something) in a picture, painting, photograph, etc.	In the painting, time was depicted as a soft, melting clock.	characterize detail illustrate portray	de pic ter <i>n</i> de pic tion <i>n</i>
7	sought after	<i>pv</i>	Wanted by many people but not easy to get	Peace is sought after by many in the world, but it is difficult to attain.	popular fashionable trendy	
8	combines	<i>v</i>	Joining two or more things together	She is a writer whose works combine imagination and scholarship.	blends incorporates mixes merges	com bine <i>n</i> com bi na tion <i>n</i> com bin able <i>adj</i> com bin er <i>n</i>
9	heavy on	<i>pv</i>	Using a lot of	Korean soap operas are heavy on love stories.	full of laden with	
10	commentary	<i>n</i>	something that shows or makes a statement about the true state or condition of something	The magazine includes humor and social commentary .	criticism critique observation remark	com ment <i>v</i>

3. Vocabulary Practice

Please match the vocabulary on the left to the similar words on the right.

- | | |
|------------------------|-----------------|
| 1. heated | a. pulled |
| 2. appeared | b. collect |
| 3. prised | c. strived for |
| 4. put back | d. shows |
| 5. raise | e. passionate |
| 6. depicts | f. merges |
| 7. sought after | g. profuse with |
| 8. combines | h. turned up |
| 9. heavy on | i. opinion |
| 10. commentary | j. returned |

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

4. Listening & Reading (The *MP3* is available online)

Listen to and read an article about **Culture**.

A new painting by the "guerilla artist" Banksy is currently the focus of a **heated** argument in the city of Bristol, England. The painting **appeared** overnight on a building. The leader of a nearby youth club, Dennis Stinchcombe, couldn't believe his luck when he saw it and discovered it was a Banksy that could be worth up to \$150,000. He **prised** it off the wall using a crowbar and stored it in the youth club.

However, the city mayor said Mr Stinchcombe had no right to take the painting as it was on the wall of a city-owned building. The mayor wants the painting **put back**. Stinchcombe said it would be vandalised

and hopes to auction it to raise money for the youth club. He has since received death threats from angry Banksy fans.

The painting has been called "Mobile Lovers". It depicts a man and woman embracing while checking out their mobile phones over one another's shoulder. Art by Banksy is much sought after the world over. The mysterious artist, who is only known by the pseudonym Banksy, has become famous for paintings left on walls and buildings around the world. Many have been removed by building owners and caused similar spats. Wikipedia says Banksy's work combines, "dark humour with graffiti executed in a distinctive stenciling technique." Banksy's work is heavy on political, social and cultural commentary. The city mayor said it was "against the spirit of Banksy and street art" to remove it from where the artist put it.

"Online activities, the mp3 and printable handouts are available for this lesson at <http://www.breakingnewsenglish.com>"

5. Conversation Strategies

Agreeing or Disagreeing about an Statement

<p>Agreeing Expressing complete agreement</p> <ul style="list-style-type: none"> ▪ <i>Exactly!</i> ▪ <i>Precisely!</i> ▪ <i>Totally!</i> ▪ <i>Absolutely!</i> ▪ <i>That's right!</i> ▪ <i>Correct!</i> ▪ <i>You're right!</i> ▪ <i>You're so right!</i> ▪ <i>That's so true!</i> ▪ <i>I couldn't agree with you more!</i> ▪ <i>I'm with you on that</i> ▪ <i>That's just what I was thinking!</i> ▪ <i>That's exactly what I think.</i> ▪ <i>That's a good point.</i> ▪ <i>That's just how I see it.</i> ▪ <i>My feelings exactly.</i> ▪ <i>I'll say!</i> ▪ <i>You can say that again!</i> 	<p>Disagreeing Expressing complete disagreement</p> <ul style="list-style-type: none"> ▪ <i>I don't think so!</i> ▪ <i>I disagree</i> ▪ <i>I disagree entirely.</i> ▪ <i>I'm afraid I can't agree.</i> ▪ <i>I'm afraid you're wrong</i> ▪ <i>On the contrary!</i> ▪ <i>Definitely not!</i> ▪ <i>Rubbish!</i> ▪ <i>Nonsense!</i> ▪ <i>That's ridiculous!</i> ▪ <i>Never in a million years!</i>
<p>Agreeing in part</p> <ul style="list-style-type: none"> ▪ <i>Yes, perhaps, however ...</i> ▪ <i>Well, yes, but ...</i> ▪ <i>Yes, in a way, however ...</i> ▪ <i>Hmm, possibly, but ...</i> ▪ <i>Yes, I agree up to a point, however ...</i> ▪ <i>Well, you have a point there, but ...</i> ▪ <i>There's something there, I suppose, however...</i> ▪ <i>I guess you could be right, but ...</i> ▪ <i>Yes, I suppose so, however ...</i> ▪ <i>That's worth thinking about, but ...</i> 	<p>Using irony to express disagreement</p> <ul style="list-style-type: none"> ▪ <i>Come off it!</i> ▪ <i>Come on!</i> ▪ <i>Do you really think so?</i> ▪ <i>What!</i> ▪ <i>You can't actually mean that!</i> ▪ <i>You can't be serious!</i> ▪ <i>Are you pulling my leg?</i> ▪ <i>Are you kidding?</i> ▪ <i>You must be kidding!</i> <p>Dismissing an argument as irrelevant or improbable.</p> <ul style="list-style-type: none"> ▪ <i>That isn't the point.</i> ▪ <i>That's highly debatable.</i> ▪ <i>That's highly unlikely.</i>
<p>Expressing conditional agreement</p> <ul style="list-style-type: none"> ▪ <i>I'd agree with you if ...</i> ▪ <i>I'd certainly agree if you're thinking of ...</i> 	<p>Disagreeing diplomatically (through doubt)</p> <ul style="list-style-type: none"> ▪ <i>I wonder whether that's the case.</i> ▪ <i>Hmmm, I'm not sure about that..</i> ▪ <i>I'm not sure (that) it works like that.</i> ▪ <i>I'm not so sure about that.</i> ▪ <i>I'm not so certain</i> ▪ <i>Well, I'm not sure whether you can really...</i> ▪ <i>Well, I don't know...</i> ▪ <i>Well, it depends...</i> ▪ <i>I'm inclined to disagree with that...</i> <p>Disagreeing in part (appeal to logic)</p> <ul style="list-style-type: none"> ▪ <i>Not necessarily</i> ▪ <i>That doesn't necessarily follow.</i> ▪ <i>That's not necessarily true</i> ▪ <i>That isn't strictly true.</i>

6. Conversation Strategy Practice

Please use Expressions from the previous page to **Agree** or **Disagree** with your partner. After you Agree or Disagree, please say why.

Example:

Student A: *Statement:* Daegu is the best city in Korea!

Student B: *Expression:* My feelings exactly!

Why: Daegu is wonderful. It is small and has lots of things to do and see. I love it here.

Student A: *Response:* Totally! That's exactly what I think.

Activity:

Student A:

1. A woman's place is in the home!
2. Teachers are always right.
3. Money is more important than love.
4.

Student B:

1. Love can last forever.
2. Men are smarter than women.
3. Students should have religious classes in school.
4.

7. Idioms

These *Idioms* are very common and they are connected to **Culture**.

Idiom	Meaning	Example
Culture shock	A condition of disorientation affecting someone who is suddenly exposed to an unfamiliar culture or way of life or set of attitudes	Have you ever <i>experienced</i> <u>culture shock</u> while in a foreign country?
Greek to me	If you don't understand something, it's all Greek to you.	I haven't a clue what this menu says. It's <u>all Greek to me!</u>
Culture vulture	someone who is very keen to see and experience art, theatre, literature, music etc.	She's a bit of a <u>culture vulture</u> . She'll only visit places that have at least one art gallery.
Dutch courage	Dutch courage is the reckless bravery caused by drinking too much.	I think I need a bit of <u>Dutch courage</u> to go up and talk to her. She is too beautiful.
A good Samaritan	A good Samaritan is a person who helps others in need.	Look at that kid helping the old woman cross the road. He is such a <u>good Samaritan</u> .

8. Phrasal Verbs

These Phrasal Verbs are very common in relation to **Culture**.

Phrasal Verb	Meaning	Collocation	Example
Soak up	To spend time experiencing, listening to, or feeling something enjoyable	culture sun	When I travel, I really try to soak up the local culture. We're having a great time, soaking up the sun.
Tap into	To understand and express something such as people's beliefs or attitudes	culture	As a foreigner, even though I am married to a Korean, it is difficult to tap into Korean culture sometimes, especially when it comes to understanding Korean customs.
Grow up in	To be raised or brought up in a place or situation	culture name (country, city...)	I grew up in a liberal culture, despite my father being quite conservative.
Dive into	To do something in a very enthusiastic way	culture work study	I love diving into a new culture, meeting its people, tasting new foods and trying the language.
Keep up with	To remain in contact with	friends the News current events trends	I do make a point of keeping up with current trends in society. It's just part of who I am.

9. Phrasal Verb Practice

Please put the correct **Phrasal Verb** below into the story. There is only one possible answer per gap. Please change the form of the **Phrasal Verb** when necessary.

Dive into

Grow up in

Keep up with

Soak up

Tap into

IMaynooth, a small town outside Dublin. Maynooth is a university town, filled with students, bars, restaurants and green spaces. I left Maynooth when I was about 20 years old, to move to Dublin to study and teach. I loved Dublin. I my work and study there. I also the night culture, meeting friends and going out. It was very easy to the city, learning all about its history and people. Even though I am thousands of miles away, I still my Dublin friends via Skype or Facebook.

The End