

<p><b>1. Vocabulary</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Using single sided cards</li> <li><input type="checkbox"/> Using two sided cards</li> <li><input type="checkbox"/> Grouping words</li> <li><input type="checkbox"/> Making word networks</li> <li><input type="checkbox"/> Using word bags</li> <li><input type="checkbox"/> Using word chains</li> <li><input type="checkbox"/> Real life situation</li> </ul>	<p><b>2. Grammar</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Use a grammar book, (with exercises and answers)</li> <li><input type="checkbox"/> Speak with people and record the conversation, (listen to it after and see how you did)</li> <li><input type="checkbox"/> One Grammar Point a week, (match newspaper/magazine articles to the grammar book)</li> <li><input type="checkbox"/> A Pattern Bank</li> <li><input type="checkbox"/> Discuss Grammar</li> </ul>	<p><b>3. Speaking</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Dictionary</li> <li><input type="checkbox"/> An MP3/cassette friend</li> <li><input type="checkbox"/> Conversation Club</li> <li><input type="checkbox"/> MP3 recorder</li> <li><input type="checkbox"/> Find poetry; plays, read aloud to practice pronunciation, rhythm, stress.</li> <li><input type="checkbox"/> Practice as much as possible</li> <li><input type="checkbox"/> Approach foreigners</li> <li><input type="checkbox"/> Telephone / Skype</li> <li><input type="checkbox"/> Just a minute!</li> <li><input type="checkbox"/> Speaking Page</li> </ul>
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**A. Self Assessment chart:**

Date	Activity/Situation	Points to assess	Assessment

**B: Self Short-term aims chart:**

What?	How?	When?	How long?	Done

<p><b>4. Listening</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Read articles before listening, (collect articles from newspapers, magazines on same or similar topics)</li> <li><input type="checkbox"/> Read reviews of movies, TV programs in English or your language, before listening or watching.</li> <li><input type="checkbox"/> Email with MP3 or have a cassette pen friend</li> <li><input type="checkbox"/> A listening club</li> <li><input type="checkbox"/> Activity books with listening</li> <li><input type="checkbox"/> Record conversation with others, (listen to it after and see what you didn't understand and analyze why)</li> <li><input type="checkbox"/> DVD with subtitles (off/on?)</li> <li><input type="checkbox"/> Podcasts, audiobooks</li> </ul>	<p><b>5. Reading</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Collect interesting things to read which interest you personally. Keep a scrapbook of cartoons, recipes etc. Create your own library of books, articles</li> <li><input type="checkbox"/> Reading comprehension</li> <li><input type="checkbox"/> Email/pen friend</li> <li><input type="checkbox"/> A reading club, exchange books, magazines</li> <li><input type="checkbox"/> Subscribe to English language magazines/newspapers</li> <li><input type="checkbox"/> KWL Method</li> <li><input type="checkbox"/> Leveled reading</li> <li><a href="http://www.breakingnewsenglish.com">www.breakingnewsenglish.com</a></li> <li><a href="http://news.bbc.co.uk/cbbcnews/default.stm">http://news.bbc.co.uk/cbbcnews/default.stm</a></li> <li><input type="checkbox"/> Translations</li> <li><a href="http://www.dailyenglish.com">http://www.dailyenglish.com</a></li> </ul>	<p><b>6. Writing</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Email/pen friend</li> <li><input type="checkbox"/> Marking scheme</li> <li><input type="checkbox"/> Model Bank</li> <li><input type="checkbox"/> Memorize</li> <li><input type="checkbox"/> Keep copies</li> <li><input type="checkbox"/> Copy texts in English</li> <li><input type="checkbox"/> Personal Diary</li> <li><input type="checkbox"/> Write Drafts</li> <li><input type="checkbox"/> KWL Method</li> <li><input type="checkbox"/> Live mocha</li> <li><a href="http://www.livemocha.com">www.livemocha.com</a></li> <li><a href="http://www.lexutor.ca">http://www.lexutor.ca</a></li> <li><a href="http://www.ienglish.org">http://www.ienglish.org</a></li> </ul>
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**A. Self Assessment chart:**

Date	Activity/Situation	Points to assess	Assessment

**B: Self Short-term aims chart:**

What?	How?	When?	How long?	Done

**C: KWL Method**

<b>K</b> (What you already Know)	<b>W</b> (Want to know – Questions)	<b>L</b> (What you have learned)